

# DOUG LANCE FAMILY AQUATIC CENTER – SPRING SCHEDULE



## FAMILY POOL SCHEDULE

Monday Tuesday Wed. Thursday Friday Saturday Sunday

5:00 AM	Open Swim 5:00 am - 8:00 am	Open Swim 5:00 am - 12:00pm	Open Swim 5:00 am - 8:00 am	Open Swim 5:00 am - 12:00 pm	Open Swim 5:00 am - 8:00 am	
6:00 AM						
7:00 AM						
8:00 AM	Aquacise 8 - 9 am		Aquacise 8 - 9 am		Aquacise 8 - 9 am	Open Swim 8:00 am - 4:00 pm
9:00 AM	Aquacise 9:05-10:05		Aquacise 9:05-10:05		Aquacise 9:05-10:05	
10:00 AM	Open Swim 10:05 am - 12:00pm		Open Swim 10:05 am - 12:00pm		Open Swim 10:05 am - 12:00pm	
11:00 AM						
12:00 PM	The Family Pool will be closed 12:00 pm - 1:00 pm Mon-Fri, April 1 - May 6					
1:00 PM	Open Swim 1:00 pm - 2:00 pm					Open Swim 1:00 pm - 4:00 pm
2:00 PM	The Doug Lance Family Aquatic Center Is closed from 2:00 pm - 4:00 pm Monday through Friday					
3:00 PM						
4:00 PM	Open Swim 4:00pm - 5:30pm	Open Swim 4:00 pm - 8:00 pm	Open Swim 4:00pm - 5:30pm	Open Swim 4:00 pm - 8:00 pm	Open Swim 4:00 pm - 8:00 pm	
5:00 PM						
6:00 PM	Aquacise 5:30 - 6:30 pm		Aquacise 5:30 - 6:30 pm			
7:00 PM	Open Swim until 8pm		Open Swim until 8pm			
8:00 PM						
9:00 PM						



## LAP POOL SCHEDULE

Monday Tuesday Wed. Thursday Friday Saturday Sunday

5:00 AM	Open Swim 5:00 am - 2:00 pm	Open Swim 5:00 am - 2:00 pm	Open Swim 5:00 am - 2:00 pm	Open Swim 5:00 am - 2:00 pm	Open Swim 5:00 am - 2:00 pm	
6:00 AM						
7:00 AM						
8:00 AM						Open Swim 8:00 am - 4:00 pm
9:00 AM						
10:00 AM						
11:00 AM						
12:00 PM						
1:00 PM						Open Swim 1:00 pm - 4:00 pm
2:00 PM	The Doug Lance Family Aquatic Center Is closed from 2:00 pm - 4:00 pm Monday through Friday					
3:00 PM						
4:00 PM	Open Swim 4:00 pm - 8:00 pm	Open Swim 4:00 pm - 8:00 pm	Open Swim 4:00 pm - 8:00 pm	Open Swim 4:00 pm - 8:00 pm	Open Swim 4:00 pm - 8:00 pm	
5:00 PM						
6:00 PM						
7:00 PM						
8:00 PM						
9:00 PM						

## IMPORTANT:

- Most Tuesdays and Thursdays there will be swim lessons in the family pool. These lessons will be for thirty minutes anytime between 4:00 pm - 6:00 pm. The family pool will not close for swim lessons; however, the swim instructors may need to split the pool in half. We ask members to use the half that the swim lessons are not using. If you are wondering when swim lessons are for that month, please contact the aquatics director. Thank you!
- Ages 12 and under: A parent or guardian, 18 years or older, must be in the Aquatic Center at all times.
- Weak and Non-swimmers must use a U.S. Coastguard approved life jacket and have their adult within arms reach at all times.
- You must be 18 years-old or over to enter the hot tub or steam room.
- The slide may be used by request anytime there are two lifeguards on duty.
- Proper Swim Attire is Required