



FALL SESSION GYM SCHEDULE SEPTEMBER 11—DECEMBER 23

FAR SIDE (STAGE)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym ALL DAY	Open Gym 5:00am-9:00am	Open Gym 5:00am-9:00pm	Open Gym 5:00am-9:00am	Open Gym 5:00am-9:00am	Open Gym 5:00am-9:00am	Open Gym 6:00am-5:00pm
	SILVER SNEAKERS 9:00am-10:00am		SILVER SNEAKERS 9:00am-10:00am		SILVER SNEAKERS 9:00am-10:00am	
	Open Gym 10:00am-9:00pm		Open Gym 10:00am-9:00pm	Open Gym 9:00am-9:00pm	Open Gym 10:00am-12:30pm	
			ADULT BASKETBALL 9:00pm-11:00pm		Homeschool Gym 12:30pm-1:30pm	
					Open Gym 1:30pm-9:00pm	

Schedule subject to change with little to no notice. For questions, please see the Welcome Center for more information.

NEAR SIDE (DOORS)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym ALL DAY	Open Gym 5:00am-2:30pm	Open Gym 5:00am-2:30pm	Open Gym 5:00am-2:30pm	Open Gym 5:00am-2:30pm	Open Gym 5:00am-12:30pm	Open Gym 6:00am-5:00pm
	LIVE Y'ERS 2:30pm-6:00pm	LIVE Y'ERS 2:30pm-6:00pm	LIVE Y'ERS 2:30pm-6:00pm	LIVE Y'ERS 2:30pm-6:00pm	Homeschool Gym 12:30pm-1:30pm	
			ADULT BASKETBALL 9:00pm-11:00pm		LIVE Y'ERS 2:30pm-6:00pm	
					Open Gym 6:00pm-9:00pm	



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AGE REQUIREMENTS:

- **Ages 11 and under**
A parent or guardian, 18 years or older, must be present with children in the gymnasium.
- **Ages 12 and up**
May use the gym without a parent present.

GYMNASIUM REQUIREMENTS:

- All members and guests using the wellness area must be dressed in appropriately clothing including close-toed shoes. No sandals or bare feet are permitted in the gym area.
- All group exercise participants are required to register at the Welcome Center for any classes they are participating in each session.
- Please be considerate of other members when using the walking track. Headphones are required when listening to music.
- All food and drink, except water, must remain in the lobby/Welcome Center area.

UPCOMING YOUTH SPORTS:

CROSS COUNTRY: OCTOBER 10TH—OCTOBER 29TH

GOLF: OCTOBER 3RD—OCTOBER 24TH

BASKETBALL: NOVEMBER 5TH—JANUARY 28TH

UPCOMING CLOSURES:

NOVEMBER 24TH AND 25TH*

DECEMBER 24TH, 25TH AND 31ST*

***24/7 ACCESS WILL BE AVAILABLE THESE DATES**

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