

# FAMILY POOL December 2023



| Sunday                     | Monday                     | Tuesday                    | Wednesday                  | Thursday                   | Friday                     | Saturday                    |
|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|-----------------------------|
| Open Swim<br>1:00pm-4:00pm | Open Swim<br>5:00am-6:00am | Open Swim<br>5:00am-6:00am | Open Swim<br>5:00am-6:00am | Open Swim<br>5:00am-6:00am | Open Swim<br>5:00am-8:00am | Open Swim<br>8:00am-10:00am |

|                            |                           |                            |                           |
|----------------------------|---------------------------|----------------------------|---------------------------|
| Open Swim<br>6:00am-7:00am | AquaCise<br>6:00am-7:00am | Open Swim<br>6:00am-7:00am | AquaCise<br>6:00am-7:00am |
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| AquaCise<br>8:00am-9:00am | Open Swim<br>8:00am-9:00am | AquaCise<br>8:00am-9:00am | Open Swim<br>8:00am-9:00am | AquaCise<br>8:00am-9:00am | Swim Lessons<br>10:00am-10:30am |
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| AquaCise<br>9:05am-10:05am | Marion Health<br>9:00am-12:00pm | AquaCise<br>9:05am-10:05am | Marion Health<br>9:00am-12:00pm | AquaCise<br>9:05am-10:05am |
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| Open Swim<br>10:05am-2:00pm | Open Swim<br>12:00pm-2:00pm | Open Swim<br>10:05am-2:00pm | Open Swim<br>12:00pm-2:00pm | Open Swim<br>10:05am-2:00pm | Open Swim<br>10:30am-4:00pm |
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**The Doug Lance Family Aquatic Center is CLOSED 2:00PM—4:00PM Monday – Friday**

|                            |                            |                            |                            |                            |
|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| Open Swim<br>4:00pm-5:30pm | Open Swim<br>4:00pm-5:30pm | Open Swim<br>4:00pm-5:30pm | Open Swim<br>4:00pm-8:00pm | Open Swim<br>4:00pm-7:00pm |
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|---------------------------|---------------------------|
| AquaCise<br>5:30pm-6:30pm | AquaCise<br>5:30pm-6:30pm |
|---------------------------|---------------------------|

**Swim Lessons  
5:30pm-7:00pm**

|                            |                            |                            |                            |
|----------------------------|----------------------------|----------------------------|----------------------------|
| Open Swim<br>6:30pm-8:00pm | Open Swim<br>7:00pm-8:00pm | Open Swim<br>6:30pm-8:00pm | Open Swim<br>4:00pm-7:00pm |
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## LAP POOL

| Sunday                     | Monday                     | Tuesday                    | Wednesday                  | Thursday                   | Friday                     | Saturday                   |
|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| Open Swim<br>1:00pm-4:00pm | Open Swim<br>5:00am-2:00pm | Open Swim<br>5:00am-2:00pm | Open Swim<br>5:00am-2:00pm | Open Swim<br>5:00am-2:00pm | Open Swim<br>5:00am-2:00pm | Open Swim<br>8:00am-4:00pm |

**The Doug Lance Family Aquatic Center is CLOSED 2:00PM—4:00PM Monday—Friday**

|                            |                            |                            |                            |                            |
|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| Open Swim<br>4:00pm-8:00pm | Open Swim<br>4:00pm-8:00pm | Open Swim<br>4:00pm-8:00pm | Open Swim<br>4:00pm-8:00pm | Open Swim<br>4:00pm-7:00pm |
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## AQUATICS

### IMPORTANT:

- During scheduled programming and events, the area being used will be closed.
- Age 12 and under  
A parent or guardian, 18 years or older, must be in the Aquatic Center at all times.
- Weak and non-swimmers must use a U.S. Coastguard approved life jacket and have their adult within arms reach at all times.
- Must be 18 or over to enter Hot Tub or Steam Room.
- Proper Swim Attire Required.
- Follow all pool rules & Lifeguard instruction.